

FollowMyHealth is a great way to manage your health care from your computer, tablet or smartphone.

You will be able to:

- See test results
- Send and receive messages from your doctor's office
- Review health information from your doctor or hospital visit, and more

To sign up, all we need is your email address and an email will be sent to you automatically.

The passcode to connect to our office will be your 4-digit birth year.

**Please note:** Due to state and federal regulations, proxy accounts cannot be given to parents or guardians on behalf of patients between the ages of 12 to 17 years, who are able to make medical decisions for themselves. Those patients can be provided with their own accounts, and they can then give access to whomever they authorize.

Patient's Name:		Date of Birth:	
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Patient's Email Address: \_\_\_\_\_